

# Mackillop Catholic College Canteen Menu

**Term 3 2023**

**Check the noticeboard & Facebook for specials & meal deals**

**Other foods will also be made daily & available to purchase over the counter**



## Breakfast Menu

*Available every day to order*

Plain Pikelets	\$0.60
Fruit Pikelets	\$0.80
Toast (2) Vegemite/Jam	\$1.50
Raisin Toast (2)	\$2.00
Hash Brown	\$1.00
Chicken Drummie	\$1.50
Melted Cheese ½ Roll	\$2.00
Melted Cheese & Tomato	\$2.00
Cereal with Milk	\$2.00
Muesli & Yoghurt	\$3.00
Oats Yoghurt & Fruit	\$3.00
Toasties	<b>See Sandwich Section</b>
Bacon & Egg Roll	\$5.00
Egg Roll	\$4.00
Ham & Egg Wrap	\$4.50

## Fresh Fruit & Veg Snacks

*Available every day*

Cucumber Sticks	\$1.50
Carrot or Celery Sticks	\$1.50
Veg Combination Pack	\$1.50
Vege Sticks with Dip	\$2.50
Orange (cut if required)	\$1.50
Apple	\$1.50
Watermelon	\$1.50
Small Fruit Salad	\$3.00
Small Fruit Salad & Yoghurt	\$4.00
Small Fruit Salad & Custard	\$4.00
Medium Fruit Salad	\$4.00
Medium Fruit Salad & Yoghurt	\$5.00
Medium Fruit Salad & Custard	\$5.00
Large Fruit Salad	\$5.00
Large Fruit Salad & Custard	\$6.00
Large Fruit Salad & Yoghurt	\$6.00

## Cold Snacks CM

*Available every day*

Jelly	\$1.00
Plain Custard	\$1.00
Jelly & Custard	\$1.00
Jelly & Yoghurt	\$1.00
Jelly with Fresh Fruit	\$2.00
Jelly with Fresh Fruit & Custard	\$2.50
Chocolate Mousse	\$2.00
Low Fat Yoghurt	\$2.50
Yoghurt with Fruit Pieces	\$3.00



**New items will be advertised on the Canteen Facebook Page**

## Drinks

300ml Spring Water	\$1.00
600ml Spring Water	\$2.00
1.5 Litre Spring Water	\$3.00
Light Sparkling Water	\$3.00
No Sugar Soft Drink	\$3.00
Juice Cup x 3 Flavours	\$1.20
Sparkling Juice	Small \$3.00
Sparkling Juice	Large \$4.00
Fruit Juice 250 ml	\$3.00
Milk (Plain) 300ml	\$2.20
Plain Milk with Sipahh Straw	\$3.00
Milk (Flavoured) Sml	\$3.00
Milk Flavoured Lge	\$4.50
Soy Milk	\$2.50
Up & Go	\$3.00
Hot Chocolate	Small \$3.00
Hot Chocolate	Large \$4.00
Hot Tea	Small \$2.00
Hot Tea	Large \$3.00
Light Iced Tea	\$4.50
Aloe Drinks	\$4.50
Milo Milk	Small \$3.00
Milo Milk	Large \$4.00

## Frozen Snacks

*Available every day*

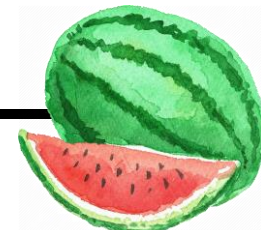
Quelch Stick	\$0.50
Frozen Juice Cup	\$1.00
Ice Mony	\$1.00
Juicies Tubes	\$1.50
Low Fat Icecream Cup	\$2.50
Paddle Pop	\$2.00
Frozen Fruit Yoghurt	\$2.50
Frozen Yoghurt with Fruit Pieces	\$2.50



## Snack Foods

*Available every day*

Cruskits (4) or Rice Cakes GF (4)	
With Vegemite	\$2.00
With Cheese	\$2.50
With Avocado	\$3.00
Fruity Bites	\$1.00
Garlic Bread	\$2.00
Bread Sticks	\$0.50
Milo Wholegrain Cereal	\$1.00
Coco Bombs Cereal GF	\$1.00
Homemade ANZAC Cookies	\$1.00
Popcorn	\$1.60
Potato Chips GF	\$1.60
Vege Crackers	\$1.60
Low Fat Muffins	\$2.50
Low Fat Slices	\$2.50
Banana Bread	\$2.50
Finger Bun	\$2.50
Cheese & Bacon Roll	\$3.00



## Ordering information

Orders are preferred online via the Flexischools App by 9.00am. When ordering online, items must be selected for the break for which they are required. Orders are also accepted over the counter in the morning and can be collected from the end window. **Breakfast orders** are available for pick up from the canteen from 7.45am.

**Download the new Flexischools APP**

**All possible care is taken when preparing Gluten Free Foods**

# Mackillop Catholic College Canteen Menu

Term 3 2023



## Sandwiches, Rolls & Wraps

Prepared fresh in the Canteen.

Available every day to order. **CM**

Ham & Salad	\$6.00
Chicken & Salad	\$6.00
Salmon & Salad	\$6.00
Tuna & Salad	\$6.00
Egg & Salad	\$6.00
Salad with Cheese <b>V</b>	\$5.50
Salmon	\$5.00
Tuna	\$5.00
Chicken	\$5.00
Ham	\$5.00
Salad	\$5.00
Egg	\$5.00
Cheese	\$4.00
Vegemite	\$2.00
Buttered sandwich	\$1.50
Buttered roll	\$1.50

## Create Your Own Sandwich

Create your own sandwich on Flexischools, starting with bread, wrap or roll.



**GF** = Gluten Free **CM** = Canteen Made  
**V** = Vegetarian

## Fresh Salads

Available everyday to order. Select from set salads or create your own on Flexischools

<b>Caesar Salad <b>CM</b></b>	\$6.00
Lettuce, Egg, Croutons, Bacon, Parmesan & Dressing	
<b>Greek Salad <b>V CM</b></b>	\$6.00
Lettuce, Capsicum, Tomato, Feta, Onion, Cucumber, Olives & Dressing	
<b>Cheese Salad <b>V CM</b></b>	\$6.00
Lettuce, Tomato, Carrot, Capsicum, Celery, Cheese, Cucumber & Dressing	
<b>Pasta Salad <b>V CM</b></b>	\$6.00
Pasta, corn, carrot, capsicum, cherry tomatoes & dressing	
<b>Garden Salad <b>V CM</b></b>	\$6.00
Lettuce, tomato, cucumber, carrot, capsicum, celery and salad dressing	
<b>Create Your Own Salad</b>	
Avocado	\$1.00
Bacon pieces	\$1.30
Beetroot	\$0.80
Capsicum	\$0.80
Carrot	\$0.80
Celery	\$0.80
Cheese – Tasty	\$1.00
Cheese – Parmesan	\$1.20
Cheese – Feta	\$1.40
Croutons	\$0.70
Cucumber	\$0.80
Egg	\$1.00
Lettuce	\$1.00
Olives	\$1.00
Onion	\$0.50
Pineapple	\$0.80
Tomato	\$1.00
Ham	\$1.00
Chicken	\$1.00
Salmon	\$1.00
Tuna	\$1.00
Sauce/Dressing Sachet	\$0.30



## Toasted Focaccia Bread

Order on Flexischools to add your choice of fillings

Cheese	\$4.00
Chicken & Cheese	\$5.00
Ham & Cheese	\$5.00
Ham & Tomato	\$5.00
Chicken & Pineapple	\$5.00
Ham, Cheese & Tomato	\$5.50
Ham Cheese & Pineapple	\$5.50
Chicken & Avocado	\$5.50
Chicken, Cheese & Avocado	\$6.00

## Burgers

Available every day to order. All with Lettuce & Sauce. Add to from Sandwich Extras

Beef & BBQ Sauce	\$5.50
Fish & Mayo	\$5.50
Chicken & Mayo	\$5.50
Veggie Burger & Mayo <b>V</b>	\$5.50
Any With Salad	\$6.50



## Pizza

Available every day to order

Ham & Pineapple	\$5.00
Ham	\$5.00
Vegetarian <b>V</b>	\$5.00
Cheese <b>V</b>	\$5.00
BBQ Chicken	\$5.00
<b>GF</b> Base	Extra \$1.50

A wide selection of foods will be available for purchase **over the counter** for both breaks - but not necessarily all foods on the menu. Order online to ensure your choice is available.

Check the noticeboard & the Flexischools App for specials & meal deals  
**EFTPOS AVAILABLE**

## Hot Foods

Available every day to order

Junior Beef Pie (Low Fat)	\$2.50
Garlic Bread	\$2.00
Boiled Rice <b>GF</b>	\$2.00
Pizza Slice <b>CM</b>	\$2.50
Cheese Pocket <b>V CM</b>	\$2.50
Ham & Cheese Pocket <b>CM</b>	\$3.00
Chicken & Cheese Pocket <b>CM</b>	\$3.00
2 Minute Noodles	\$3.00
2 Minute Noodles <b>GF</b>	\$3.50
Toasties	See Sandwich Section
Hot Dog	\$4.00
Hot Dog with Cheese	\$4.50
Beef Pie (Low Fat)	\$4.50
Potato Pie	\$5.00
Beef Pie <b>GF</b>	\$6.00
Sausage Roll (Low Fat)	\$3.50
Sausage Roll Jumbo	\$4.00
Spinach & Ricotta Roll	\$4.00
Sauce Sachets	\$0.30

## Homemade Meals **ALL CM**

Available every day to order

Honey Soy Chicken & Rice <b>GF</b>	\$6.00
Beef Nachos	\$6.00
Vegetarian Nachos <b>V</b>	\$6.00
Butter Chicken with Rice <b>GF</b>	\$6.00
Pasta Bolognese	\$6.00
Beef Burrito	\$6.00
Chicken Caesar Wrap	\$6.00
Chicken Fried Rice <b>GF</b>	\$6.00
Vegetarian Pasta <b>GF V</b>	\$5.00
Vegetarian Fried Rice <b>GF V</b>	\$5.00

A selection of additional fresh homemade meals will be made as **Specials** and advertised on the Canteen Noticeboard and Facebook.

